

2 Toronto Street, Suite 500 | Toronto, ON | Canada M5C 2B6

NEWS RELEASE

Romios Announces Grant of Stock Options

Toronto, Ontario – September 15, 2021: Romios Gold Resources Inc. ("Romios Gold" or the "Company") (TSX.V-RG; OTCQB-RMIOF; Frankfurt: D4R) wishes to announce that the Company has issued 1,850,000 options to the company's directors and officers. The options are exercisable at a price of \$0.08 for a period of five years.

About Romios Gold Resources Inc.

Romios Gold Resources Inc. is a progressive Canadian mineral exploration company engaged in preciousand base-metal exploration, focused primarily on gold, silver and copper. It has 100% interest in the Lundmark-Akow Lake gold-copper property in northwestern Ontario and extensive claim holdings covering several significant porphyry copper-gold prospects in the "Golden Triangle" of British Columbia. Additional interests include two former producers, the La Corne molybdenum mine property (Quebec) and a former high-grade gold producer, the Scossa mine property (Nevada). The Company also retains a 2% NSR on the Hislop gold property and a 2% NSR and 20% carried (to pre-feasibility) interest in the Thunder Bay Silver properties in Ontario. For more information, visit www.romios.com

This News Release contains forward-looking statements which are typically preceded by, followed by or include the words "believes", "expects", "anticipates", "estimates", "intends", "plans" or similar expressions. Forward-looking statements are not guarantees of future performance as they involve risks, uncertainties and assumptions. We do not intend and do not assume any obligation to update these forward-looking statements and shareholders are cautioned not to put undue reliance on such statements. TSX Venture Exchange or its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) do not accept responsibility for the adequacy or accuracy of this release.

For further information, please contact:

Tom Drivas, Chief Executive Officer and Director, (cell) 416-876-3957, (fax) 416-218-9772 or (email) romios@romios.com.

Stephen Burega, President, (cell) 647-515-3734, (email) sburega@gmail.com

John Biczok, P. Geo., Vice-President, Exploration, (tel) 613-410-7877 or (email)

john.biczok@gmail.com

Frank van de Water, Chief Financial Officer and Director, (tel) 416-221-4124 or (email) fvandewater@rogers.com.